

# Egg Tacos



# EGG TACOS

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## *ingredients*

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6 eggs  
6 whole-grain tortillas  
1 15-oz can of black or pinto beans  
1/2 onion chopped  
1/4 cup salsa, plus more for serving  
1 teaspoon taco seasoning

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## *directions*

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In a non-stick skillet, heat oil over medium heat. Add onions and cook until softened and translucent.

In a bowl, whisk together eggs and taco seasoning. Add eggs and salsa to skillet, and cook until eggs are set.

In a separate saucepan, heat beans in their liquid until simmering.

Divide eggs and beans evenly among tortillas.

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## *notes*

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Top with your favorite taco seasonings and toppings!

**SPFC**

ST. PETE FREE CLINIC

SERVE PEOPLE. FEED COMPASSION.