

Ghost Bananas



GHOST BANANAS

ingredients

3 bananas, peeled
1/4 cup low-fat vanilla yogurt
1/2 cup unsweetened shredded coconut
6 popsicle or lollipop sticks
12 raisins, or candies for face

directions

Cut bananas in half.
Stick a popsicle stick in the cut end.
Holding the stick, spread yogurt over the banana.
Sprinkle with coconut.
Place on a lined cookie sheet.
Repeat for each banana.
Stick the eyes and mouth on and enjoy!

OPTIONAL:

Freeze for a refreshing treat.

notes

Try it with other flavors of yogurt!

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