

# Pineapple Yogurt Dippers



# PINEAPPLE YOGURT DIPPERS

---

## *ingredients*

---

Slices of fresh pineapple  
1 1/2 cups plain Greek yogurt  
1 tsp vanilla extract  
1/2 tsp cinnamon  
1- 1 1/2 tsp honey or brown sugar

---

## *directions*

---

Cut the pineapple into any shape you like.  
Mix together yogurt, vanilla, cinnamon, and sweetener.

Dip the pineapple pieces into the dip and enjoy!

---

## *notes*

---

Eat this dip with your other favorite fruits like apples or berries!

**SPFC**

ST. PETE FREE CLINIC

SERVE PEOPLE. FEED COMPASSION.