

# Southwest Veggie Scramble



# SOUTHWEST VEGGIE SCRAMBLE

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## *ingredients*

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6 eggs  
1 cup greens (kale, spinach, etc.)  
1/2 cup bell pepper, diced  
1/2 cup cherry or grape tomatoes, halved  
1/2 cup low sodium black beans. no liquid  
1/2 cup corn kernels, no liquid  
1/2 medium onion, finely chopped  
1-2 tsp chili powder  
Salt and pepper to taste  
OPTIONAL TOPPINGS:  
Shredded Cheese  
Hot sauce

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## *directions*

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Heat oil in a large skillet. Add onion and cook until softened. Add peppers, tomatoes, corn, and black beans and cook until vegetables are soft. Add the greens and cook until no liquid remains.

In a separate bowl, scramble eggs with salt and pepper (if desired), then pour into a skillet. Scramble until set and serve hot

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## *notes*

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Try other vegetables like mushrooms or zucchini!

**SPFC**

ST. PETE FREE CLINIC

SERVE PEOPLE. FEED COMPASSION.